

Dr. Tim Brunson
presents

Hypnotherapy Solutions for LIFE!



Tim Brunson, Doctor of Clinical Hypnotherapy, has received Hypnosis/NLP/and Mind-Body Health training from such notable instructors as Dr. Ernest Rossi, Dr. Tad James, Dr. Richard Nieves, Dr. Robert Dilts, and Bill O'Hanlon. Additionally, he has received significant training in Tibetan traditions from several high level lamas to include the 14th Dalai Lama.

Certified: Hypnotherapy by the American Board of Hypnotherapy, the International Medical and Dental Hypnotherapy Association, the International Hypnosis Federation, and the National Guild of Hypnotists. Neuro Linguistic Programming by the American Board of NLP.

INSTRUCTIONS FOR USE

- 1 Find a quite place to listen to this Session. Try to put aside about 20 minutes of uninterrupted time.
- 2 Sit in a comfortable chair or lie down.
- 3 Play the Session. It is designed for use with head phones.
- 4 Relax into the Session and let the words flow around you.
- 5 At the end of each session I will gently bring you out of the deeply relaxing state into being fully alert.
- 6 Listen to one subject for at least 21 days in a row - preferably morning and evening. You can alternate subjects, but please try to listen to this Session at least once a day.

This is a Hypnotherapy Solutions for Life™ session using cutting edge hypnotherapy, brain entrainment and NLP.

WARNING: These sessions are not intended to be used while driving or operation machinery or if you pregnant, under 18, wearing a pacemaker, or prone to seizures.

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